

# Resources for Parents Please Use What you Need

## Housing Resources

### Calling #211:

This is a mass housing resource for Charlotte. Please check them out as they may have some availability. As well as connect you with places that have opportunities for housing.

### Crisis Assistance Ministry

<https://www.crisisassistance.org/programs/basic-needs/>

They have several programs to give back to families. You would have to select what you are interested in and possibly give them a call.

- 500-A Spratt St., Charlotte, NC 28206
- 704-371-3001

### Charlotte Family Housing:

<https://charlottefamilyhousing.org/cfh-eligibility-prescreening-form/>

You will have to sign up through their webpage. Once you do that, I will call the agency to follow up and they should reach out to you soon with some availability.

- 704-335-5488

### Loaves & Fishes:

<https://loavesandfishes.org/mobile-pantry/>

This is a food referral source. You will need to call them to receive food. You will need the birth date and age of everyone in the house. As well as, your monthly income amount. Once you provide this information, they will let you pick a time and date to pick up the food items.

- 704-523-4333

### A Child's Place:

<https://www.thompsoncff.org/a-childs-place/>

This resource gives parents a caseworker that helps them find the things they need such as housing, clothing, employment, food, financial support, etc. Additionally, they provide individual and group counseling.

- 704-536-0375

### Servants Heart of Mint Hill

<https://servantsheart.org/>

This local resource is well known for helping Lebanon Road Elementary as well as other nearby schools. This resource assist families to financial stability so that they can meet their basic needs. There is a clothing and food closet as well as financial assistance with some bills.

- N 9229, Lawyers Rd, Mint Hill, NC 28227
- 704-680-6533

## **Parent Support Resources**

### **Mental Health America and Parent Voice**

<https://mhaofcc.org/program/parentvoice>

- This is an important resource for parents experiencing severe behaviors within the home. They have family support specialists that work with families through the education, child welfare, mental health, and juvenile justice systems. In addition, they have empowerment support groups where parents and caregivers gain emotional support, resources, and coping strategies related to raising children.

### **The Relatives**

<https://therelatives.org/our-programs/parenting-classes/>

- The Relatives offer monthly classes on “Parenting Challenging Youth” based on the Love & Logic parenting model. Must reserve a spot for an upcoming class by calling [704.377.0602](tel:704.377.0602). Classes are for parents with children of any age and the techniques are simple and easy.

### **Triple P Parenting**

<https://www.triplep-parenting.com/nc-en/about-triple-p/positive-parenting-program/>

<https://www.triplep-parenting.com/nc-en/find-help/triple-p-online/>

- Triple P Parenting is not a program but more of a toolbox of ideas. Parents and caregivers can choose the strategies you need.
- Triple P helps you:
  - Raise happy, confident kids
  - Manage misbehavior so kids enjoy their life more
  - Set rules and routines that everyone respects and follows
  - Encourage behavior you like
  - Take care of yourself as a parent
  - Feel confident you’re doing the right thing

### **Thompson Family Services**

<https://www.thompsoncff.org/family-education-partners/>

- Thompson Services offers a wide array of parenting services. Please check out the webpage and contact the organization for additional questions

## **Food Resources**

Thank you for expressing interest in receiving Bags of Love from Lebanon Road Elementary. The bags are distributed every Friday to students that have given Mr. McNeil a permission form. However, Mr. McNeil would like to notify you of other food resources in the community that could assist you when you are going through a hard time.

### **Loaves & Fishes – (704) 523 – 4333**

- Loaves & Fishes provides a week's worth of nutritionally balanced groceries to individuals and families experiencing a short-term crisis through a network of 41 emergency food pantries located throughout Mecklenburg County.
- A referral is needed. Mr. McNeil, the social worker at LRE can make a referral for a family.
  - o For the referral, Mr. McNeil will need the **names** and **birthdate** of everyone in the home. As well as **monthly income** and other **demographic information**.

### **Servants Heart of Mint Hill – (704) 680 – 6533, 9229 Lawyers Rd, Mint Hill NC 28227**

- Servant's Heart is a unique resource serving the Mint Hill community, zip code 28227, and families of students who attend Mint Hill Schools. With a warmth and friendliness not often found in larger agencies, we treat our clients with dignity and respect and devote a substantial amount of time to each person seeking assistance.
- Parents are going to have to contact them through phone or in-person to get assistance.
- Servant's Heart has
  - o A Non-Food Pantry
  - o Emergency Food Pantry
  - o Client Shopping
  - o Christmas Assistance and more.

Please make use of these resources as you see fit! Lebanon Road cares about our students and want all of our families to have the things they need to be safe and stable!